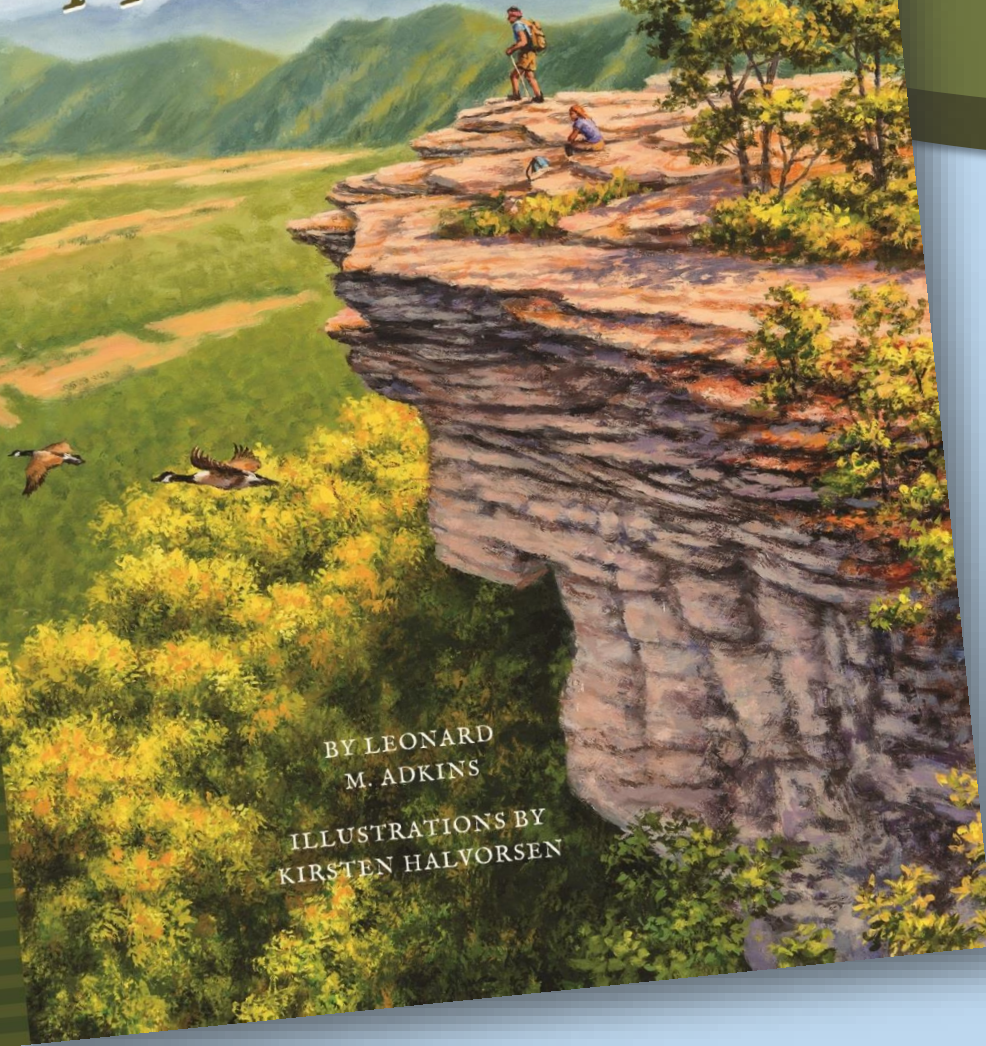


# ALL ABOUT The Appalachian Trail



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## *Teacher's Guide*

*Including Common Core Standards, Sample Questions, and Activities*

# All About the Appalachian Trail

## *Common Core Literacy Scaffolding Questions*

*Developed by: Chris Edwards, Ed.D*

***Note to teachers and parents:*** The standards listed here are taken from the Common Core Standards: *Grades 6-12, Literacy in History/Social Studies, Science, & Technical Subjects* from the subset standards for grades 6-8. The standards listed here are 6-8.1–6-8.10. These Common Core Standards can be viewed in greater detail at this website:

<http://www.corestandards.org/ELA-Literacy/RH/6-8/>

Some states have decided not to adopt the Common Core standards, but the new state standards are uniformly similar. Teachers who choose to use these questions in a state that has not adopted Common Core standards are encouraged to apply their own state standards to these questions. Teachers who choose to use these questions for grades other than 6-8 can find all of the Common Core standards at: <http://www.corestandards.org/ELA-Literacy/>.

Teachers, please note that these questions are designed only to provide a very basic literacy scaffold and to provide examples. There is plenty of room for you to add your creativity and use your expertise to develop “why” questions and to help students make connections to other texts.

**The questions below should be answered using a complete sentence and with textual evidence from the reading. The questions for the Preface are answered as examples.**

### *Preface*

**Standards:** CCSS.ELA-Literacy.RH.6-8.1, CCSS.ELA-Literacy.RH.6-8.3, CCSS.ELA-Literacy.RH.6-8.5.

1. Give one detail about the Appalachian Trail.

**Sample Answer:** The Appalachian Trail “is close to 2,200 miles long.”

2. What is the name given to people who try to walk the whole Appalachian Trail?

**Sample Answer:** People who try to walk the whole Appalachian Trail “are called thru-hikers.”

## *Chapter One*

**Standards:** CCSS.ELA-Literacy.RH.6-8.1, CCSS.ELA-Literacy.RH.6-8.3, CCSS.ELA-Literacy.RH.6-8.5

1. Give one detail about how or when the Appalachian Mountains were created.
2. What was one effect the glaciers had on the Appalachian Mountains?
3. Describe one of the natural forces that continually shapes the Appalachian Mountains.

## *Chapter Two*

**Standards:** CCSS.ELA-Literacy.RH.6-8.1, CCSS.ELA-Literacy.RH.6-8.4

1. Give one detail about the life of Benton Mackaye.
2. Analyze the image of Earl V. Shaffer on page 11. What is one similarity between Shaffer and a modern hiker? Instead of textual evidence, please make a direct reference to the image in your answer.
3. What did the National Park Service do in 1984 that was considered historic?

## *Chapter Three*

**Standards:** CCSS.ELA-Literacy.RH.6-8.1, CCSS.ELA-Literacy.RH.6-8.3, CCSS.ELA-Literacy.RH.6-8.4.

1. What is one of the mountain ranges along the Appalachian Trail?
2. Give one detail about the Cherokee tribe that once lived in Georgia.
3. What was the legend associated with false hellebore/Indian Poke?

## *Chapter Four*

**Standards:** CCSS.ELA-Literacy.RH.6-8.1, CCSS.ELA-Literacy.RH.6-8.3, CCSS.ELA-Literacy.RH.6-8.5

1. Give one detail about the Appalachian Trail in Virginia.
2. Analyze the illustrations on pages 30, 31, and 33. Which site would you most like to visit and why? Include a reference to the picture instead of a quote from the reading in your answer.
3. What is one advantage to becoming a National Park Jr. Ranger?

### *Chapter Five*

**Standards:** CCSS.ELA-Literacy.RH.6-8.1, CCSS.ELA-Literacy.RH.6-8.3

1. Give one detail about the Appalachian Trail in Maryland.
2. Give one detail about the Appalachian Trail in Pennsylvania.
3. What is one thing that is special about the boardwalk across the Pochuck Quagmire in Vernon Valley.

### *Chapter Six*

**Standards:** CCSS.ELA-Literacy.RH.6-8.6, CCSS.ELA-Literacy.RH.6-8.8

1. Name one person who was important to the Appalachian Trail that lived in Connecticut.
2. Give one detail about the features of the Appalachian Trail in Connecticut or Massachusetts.
3. Give one detail about the features of the Appalachian Trail in New Hampshire or Maine.

### *Chapter Seven*

**Standards:** CCSS.ELA-Literacy.RH.6-8.1, CCSS.ELA-Literacy.RH.6-8.3

1. What is one activity other than hiking that someone could participate in on the Appalachian Trail?

2. Of all the things the American Hiking Society suggest that you take on the Appalachian Trail, which do you think is the most important and why?
3. Of all the Boy Scouts' "Leave No Trace" guidelines which do you think is the most important and why?

## *Chapter Eight*

**Standards:** CCSS.ELA-Literacy.RH.6-8.1, CCSS.ELA-Literacy.RH.6-8.3

1. Which thru-hiker do you think has the most interesting story and why?
2. What do "trail angels" do for thru-hikers?
3. Give one example of a "trail name" and the meaning behind it.

## *Chapter Nine*

**Standards:** CCSS.ELA-Literacy.RH.6-8.1, CCSS.ELA-Literacy.RH.6-8.3

1. Give one detail about the Black Bears that live along the Appalachian Trail.
2. Which animal would you most like to see if you were on the Appalachian Trail and why?
3. Analyze the image on p. 96. Why do you think this bird is called a Great Horn Owl? Make a reference to the image in your answer instead of using textual evidence.

## *Chapter Ten*

**Standards:** CCSS.ELA-Literacy.RH.6-8.1, CCSS.ELA-Literacy.RH.6-8.3

1. Give one example of a challenge that may threaten the Appalachian Trail in the future.
2. What is one example of how visitors can help preserve the Appalachian Trail?
3. What is one reason why the Appalachian Trail is so important for nature preservation?

## *Text Analysis Questions*

**Standards:** CCSS.ELA-Literacy.RH.6-8.2, CCSS.ELA-Literacy.RH.6-8.4, CCSS.ELA-Literacy.RH.6-8.9, CCSS.ELA-Literacy.RH.6-8.8



**Prompt:** Read the excerpt below about a new app that is connected to the Appalachian Trail. How is this technology changing the way that people interact with the trail? In what other ways do you think cell phones will change how people experience the trail? Please answer both parts of the question in 1-2 paragraphs and include a quote from the excerpt in your response.

*A cell phone app called Walk the Distance is now being used by over 2,000 people. This excerpt from the online version of Outside Magazine explains that:*

The app connects to your iPhone's Health app, which measures the mileage you've walked while carrying your phone, even when the app isn't in use. [The] app uses that information to then show where you would be on the Appalachian Trail if you were thru-hiking. And you're not hiking alone. Literally every other user is visible on the same map, passing you and getting passed by you.

# *All About the Appalachian Trail Word Search*



ALPINE  
BACKPACK  
BEAR  
BOBCAT  
BOG  
CAIRN  
CAMPING  
COMPASS

COYOTE  
FLASHLIGHT  
GEAR  
GLACIER  
HAWK  
HIKE  
LEAVE NO TRACE  
MAP

RACCOON  
SLEEPING BAG  
TENT  
TICK  
TRAIL  
TREE  
WILDLIFE  
WOLF

12					13				
14					15				
16					17				
				18			19	20	21
22	23	24					25		
26					27	28			

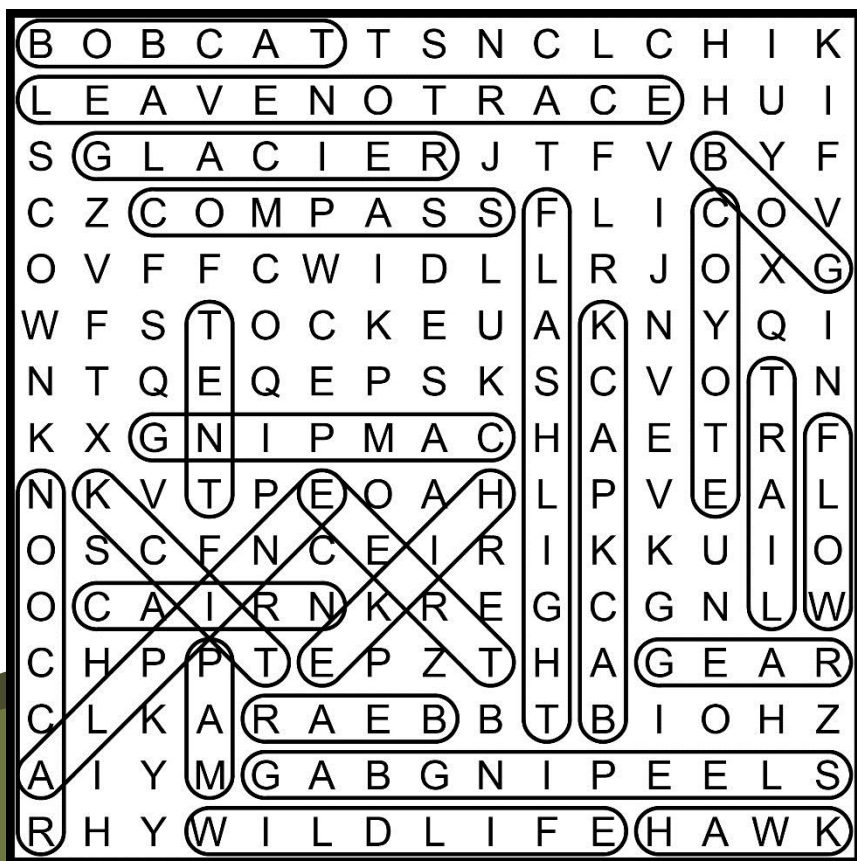
12					13				
14					15				
16					17				
				18			19	20	21
22	23	24					25		
26					27	28			

1. Gets up in the morning on the AT
6. Medicine measure
10. Black card suit not called a "club"
11. Wicked, starts with 5<sup>th</sup> letter of the alphabet
12. Unpaid workers who keep the AT open
14. Summer hours in California (Abbr.) for Pacific Daylight Time
15. "Sesame Street" character, Bert and \_\_\_\_\_
16. Puncture sound, all the same letter
17. Opposite direction of SSW on the AT
18. AT camp bed, rhymes with hot
19. Call for help (Abbr.) Save Our Souls
22. Bit of an uproar, H \_\_\_\_ - h \_\_\_\_
25. \_\_\_\_\_ Friday's Restaurant (Inits.)
26. Walkers who do the entire AT at one time
29. "Bats are the only mammals \_\_\_\_ can fly."
30. These are used on the AT to lift food higher than a bear can reach
31. A cairn is a big \_\_\_\_\_ of rocks used to mark the trail above the tree line
32. Smart-mouthed

1. Replies to invitations (Inits. for Répondez S'il Vous Plaît)
2. Small Apple music players
3. Seasons, as popcorn or French fries
4. School's email address ending
5. One of 100 in the U.S. Capitol (Abbr.)  
\_\_\_\_\_ - ator
6. Big name in tractors, John \_\_\_\_\_
7. Pizzeria hot spot, or Hasbro's Easy Bake \_\_\_\_\_
8. iPhone voice
9. "So what \_\_\_\_ is new?"
13. AT camping shelter
17. Legendary ark builder
18. Water park slide, rhymes with shoot
19. In New York the AT uses over a thousand  
\_\_\_\_\_ to reach the top of Bear Mountain.
20. Fairy tale baddies
21. Little Brother's nickname for big sister
22. Internet address starter (Inits.), letters that  
come before www
23. Surprised greeting (2 wds.)
24. Verbal, spoken
27. Internal Revenue Service (Inits.)
28. Popular RV park/camping chain you can find  
along the AT

2 wds — Two Words





## *All About the Appalachian Answer Key*

R	I	S	E	S		D	O	S	E
S	P	A	D	E		E	V	I	L
V	O	L	U	N	T	E	E	R	S
P	D	T				E	R	N	I
S	S	S			N	N	E		
				C	O	T		S	O
H	O	O	H	A			T	G	I
T	H	R	U	H	I	K	E	R	S
T	H	A	T			R	O	P	E
P	I	L	E			S	A	S	S